RESEARCH ARTICLE

Open Access

Measuring dose-related efficacy of eptinezumab for migraine prevention: post hoc analysis of PROMISE-1 and PROMISE-2

Rami Apelian^{1*}, Lee Boyle², Joe Hirman³ and Divya Asher²

Abstract

Background: Eptinezumab 100 mg and 300 mg met the primary efficacy endpoint in both PROMISE clinical trials, significantly reducing frequency of monthly migraine days over Weeks 1–12. The objective of this analysis was to assess the clinical response to eptinezumab 100 mg and 300 mg within the pivotal phase 3 PROMISE-1 and PROMISE-2 studies to potentially identify subsets of patients with meaningful differences between doses.

Methods: Patients from PROMISE-1 (NCT02559895) and PROMISE-2 (NCT02974153) trials were divided into subgroups based on demographic and migraine characteristics, and baseline questionnaire responses. For each subgroup, the overall likelihood of achieving \geq 50% migraine responder rate (MRR) over Weeks 1–12 and Weeks 13–24 with either eptinezumab 100 mg or 300 mg was calculated using odds ratios (with associated confidence intervals) and compared.

Results: In PROMISE-1 (episodic migraine) and PROMISE-2 (chronic migraine), the likelihood of achieving \geq 50% MRR over Weeks 1–12 and Weeks 13–24 was roughly equivalent for patients receiving either dose level of eptin-ezumab. Given the number of comparisons performed, sporadic apparent differences were seen but no replicated patterns between studies emerged. In PROMISE-1, no differences were observed in any subgroup over Weeks 1–12. In PROMISE-2, patients reporting < 15 monthly migraine days at baseline, *any problems* with mobility per the EQ-5D-5L, or a social functioning score > 45.0 per the 36-item Short-Form Health Survey (SF-36), appeared more likely to achieve > 50% MRR with 300 mg over Weeks 1–12, with none of these being apparent in PROMISE-1.

Conclusions: Overall, these data suggest that across PROMISE-1 and PROMISE-2, there were no meaningful differences in the likelihood of achieving \geq 50% MRR between the eptinezumab dose levels in the majority of patient subgroups. In the few subgroups that displayed small, but potentially meaningful differences, patients were more likely to achieve \geq 50% MRR with eptinezumab 300 mg; however, minimal consistency across both studies and time periods was noted.

Trial Registration: ClinicalTrials.gov.

PROMISE-1: NCT02559895. PROMISE-2: NCT02974153.

Keywords: Eptinezumab, Dose response, Patient subgroups, Migraine

Full list of author information is available at the end of the article

Background

Migraine is a highly prevalent neurological disease resulting in a large burden on society and individuals. It is estimated that over 1 billion individuals



^{*}Correspondence: doctorapelian@huntingtonheadache.com

¹ Huntington Headache and Neurology, 289 W. Huntington Drive, Suite 301, Arcadia, CA 91007, USA

have migraine [1, 2]. Women are more likely to have migraine than men, and migraine reduces quality of life, particularly during young adulthood and middle age [1].

Calcitonin gene-related peptide (CGRP) plays a major role in the pathophysiology of migraine and is a key target for many preventive migraine therapies [3]. Eptinezumab is a humanized IgG1 monoclonal antibody administered intravenously (IV) that binds CGRP with high affinity and specificity [4]. Eptinezumab at 100 mg and 300 mg achieves 90% of the maximal efficacy (EC₉₀) after a single dose [5], suggesting that after initial IV infusion with eptinezumab 100 mg, most patients have sufficient levels of eptinezumab to sequester CGRP and prevent CGRP from interacting with its receptor. Eptinezumab was approved by the US Food and Drug Administration (FDA) in February 2020 for the preventive treatment of migraine [6]. In pivotal phase 3 studies (PROMISE-1 and PROM-ISE 2), the primary efficacy endpoint, i.e., reduction in mean monthly migraine days (MMDs) over Weeks 1-12 and a prespecified secondary endpoint, i.e., patients experiencing $a \ge 50\%$ reduction in MMDs, when administered as a preventive therapy, was met by the eptinezumab dose levels of 100 mg and 300 mg in both trials [7, 8]. Per the FDA-approved prescribing label, eptinezumab 100 mg is the recommended dose, although 300 mg may be beneficial for some patients [**6**].

When considering individualized and preventive migraine treatment, it is important to evaluate available data for evidence regarding whether patients with specific clinical attributes respond preferentially to a particular dose level of eptinezumab, which may inform optimal starting dose level and decisions for dose adjustments. While these analyses show us general trends in the average results of select patient subgroups, it is often challenging to adapt these data to predict individual patient responses. These analyses are limited by the inclusion/exclusion criteria of the trials, which differ from the real-world evaluation of patients. However, it is important to understand available data to make informed clinical decisions.

These subgroups of patients are based upon different demographics (e.g., age, sex), with varying levels of disease severity, or with concurrent conditions (e.g., obesity, medication-overuse headache [MOH]), who may respond preferentially to a specific dose. The objective of this post hoc analysis was to compare data from the various scales and assessments used in both PROMISE trials to determine if there is a difference in response across multiple clinical domains between the doses in any subset of patients.

Methods

Studies

and (NCT02559895) PROMISE-2 PROMISE-1 (NCT02974153) were double-blind, randomized, placebo-controlled, parallel-group studies. Study protocols have been published previously [7, 8]. For both clinical trials, the primary endpoint was change in frequency of migraine days over Weeks 1–12. The≥50% migraine responder rate (MRR), captured over Weeks 1-12 and 13-24, was a prespecified secondary endpoint, where patients achieving ≥ 50% MRR are those with a reduction of > 50% in number of MMDs. The > 50% MRR was selected as the endpoint for comparison as it is commonly used to evaluate preventive migraine treatment and is a metric that is comparable across the studies evaluated here. It also normalizes the variation inherent in MMDs (i.e., change from baseline). In addition, the 50% MRR coincides with the International Headache Society guidelines and the American Headache Society Position Statement on setting realistic expectations with use of advanced preventive therapy [9, 10].

PROMISE-1 included patients with episodic migraine (EM) and randomized eligible patients to receive eptinezumab 30 mg, 100 mg, 300 mg, or placebo, administered intravenously on Day 0 and every 12 weeks through Week 36 (i.e., up to 4 doses) [8]. Post-dose clinic visits occurred at Weeks 4, 8, 12, 16, 20, 24, 28, 36, 48, and 56. In PROMISE-1, MOH diagnosis and body mass index (BMI) were not used to determine inclusion/exclusion from the study. Baseline MMDs across all treatment groups were ~ 8.6, and baseline MHDs across all treatment groups were ~ 10.1.

PROMISE-2 included patients with chronic migraine (CM) and randomized eligible patients to receive eptinezumab 100 mg and 300 mg, or placebo, administered intravenously on Day 0 and Week 12 (i.e., up to 2 doses) [7]. Post-dose clinic visits occurred at Weeks 2, 4, 8, 12, 16, 20, 24, and 32. Patients with MOH not associated with opioid analgesics or barbiturate compounds were eligible for the study, and 40.5% (286/706) of eptinezumabtreated patients had MOH diagnosis at baseline (100 mg, n=139; 300 mg, n=147). Patients with a BMI \geq 39 kg/m² at screening were excluded from the study. Baseline MMDs across all treatment groups were \sim 16.1, and baseline MHDs across all treatment groups were \sim 20.4.

Patient subgroups

Patients were divided into subgroups based on patient characteristics, baseline migraine characteristics, and baseline patient-reported outcome responses. Patient characteristics included BMI (i.e., normal/underweight, overweight, obese), age (i.e., >40 and ≤ 40 years), and MOH diagnosis (i.e., yes or no; PROMISE-2 only).

Migraine characteristics consisted of baseline MMDs, baseline MHDs, history of migraine with aura (i.e., yes or no), average headache length (hours), and patient-identified most bothersome symptom (PI-MBS; PROMISE-2 only). Validated patient questionnaires consisted of the EuroQol 5-dimension, 5-level scale (EQ-5D-5L), 36-item Short-Form Health Survey (SF-36; v2.0), and 6-item Headache Impact Test (HIT-6; PROMISE-2 only).

BMI subgroups are in alignment with weight status categories indicated by the US Food and Drug Administration [11], and age subgroups are in alignment with the median age of the US population (38.3 years in 2019) [12]. Thresholds defining MMD and MHD subgroups in the PROMISE-1 study have been used to distinguish between low-frequency and high-frequency episodic migraine [13–20]. Eligibility for PROMISE-2 included \geq 15 MHDs, including \geq 8 MMDs; thus, the cutpoints used for those subgroup definitions represented 1 week above those values.

Groupings for the PI-MBS were based on those established previously for validation [21, 22]. "Pain related to migraine" included eye pain, headache, pain, pain—anatomical, pain with activity, and throbbing/pulsation; "cardinal/traditional MBS" included nausea/vomiting, sensitivity to light, and sensitivity to sound; and "other symptoms" included allodynia, aura, cognitive disruption, dizziness, fatigue, inactivity, mood changes, neck pain, pressure/tightness, sensitivity to smell, sensory disturbance, sleep disturbance, speech difficulty, vision impacts, multiple, and other.

The EQ-5D-5L consists of five dimensions of health and the patient's self-rated health [23]. Dimensions include mobility, self-care, usual activities, pain/discomfort, and anxiety/depression. For each dimension, the patient must select one of five responses: no problems, slight problems, moderate problems, severe problems, and extreme problems. Self-rated health is recorded on a visual analogue scale from "the best health you can imagine" (100) to "the worst health you can imagine" (0). For creating subgroups, responses on all dimensions were divided into two distinct groups: responses of no problems and responses of slight, moderate, severe, or extreme problems, representing those with no issues versus those with any issues in the respective domains. For the self-rated health scale, scores were divided into two response categories, > 80 or ≤ 80 , based on the normative US population mean [24].

The SF-36 (v2.0) comprises 36 questions that measure functional health and well-being across eight domains [25]. These domains include physical functioning (10 items), role-physical (4 items), bodily pain (2 items), general health (5 items), vitality (4 items), social functioning (2 items), role-emotional (3 items), and mental

health (5 items). These individual domains are then able to be combined to calculate a physical component summary score and a mental component summary score. The SF-36 utilizes a normative-based scoring system, which is the standardization of all SF-36 domains and component summary scores to a scale from 0 to 100 with mean of 50 and a standard deviation of 10, designed to be representative of the general US population [25]. To create subgroups, baseline scores were dichotomized into subgroups representing a more favorable health state (> 45.0) versus a less favorable health state (\leq 45.0), representing half a standard deviation below the normative US population mean of 50.

The HIT-6 (PROMISE-2 only) is a questionnaire used to measure the impact on the ability to function normally in daily life when a headache occurs [26]. It is a 6-question, Likert-type, self-reporting questionnaire (response scores: never = 6, rarely = 8, sometimes = 10, veryoften = 11, and always = 13), which assessed: 1) "When you have headaches, how often is the pain severe?"; 2) "How often do headaches limit your ability to do usual daily activities including household work, work, school, or social activities?"; 3) "When you have a headache, how often do you wish you could lie down?"; 4) "In the past 4 weeks, how often have you felt too tired to do work or daily activities because of your headaches?"; 5) "In the past 4 weeks, how often have you felt fed up or irritated because of your headaches?"; and 6) " In the past 4 weeks, how often did your headaches limit your ability to concentrate on work or daily activities?" The total score for the HIT-6 is calculated from summing individual items (score range of 36-78 points), with score ranges representing severe impact = > 60, substantial impact = 56-59, some impact = 50-55, and little to no impact = ≤ 49 . HIT-6 total score subgroups were based on the threshold for severe life impact at baseline, of which most patients were severe (eptinezumab 100 mg, 89.6%; eptinezumab 300 mg, 88.6%; and placebo, 87.4%). For each HIT-6 item, patients were divided into two distinct subgroups: those who responded never, rarely, or sometimes (i.e., patients who were less severely impacted) and those who responded very often or always (i.e., patients who were more severely impacted).

Statistical analysis

Eptinezumab 100 mg and 300 mg were compared by calculating the odds ratio of achieving \geq 50% MRR over Weeks 1–12 and over Weeks 13–24 in PROMISE-1 and in PROMISE-2.

The odds ratios and 95% confidence intervals (CIs) were calculated from logistic regression; p-values were not calculated because of the post hoc nature of this analysis. Each subgroup was run through a separate model

with the \geq 50% migraine responder status as the response variable and treatment (100 mg vs 300 mg) as the predictor variable. If the 95% CI crossed 1, it was interpreted that there was no meaningful difference in efficacy between the two doses of eptinezumab.

No attempt has been made to control for multiplicity; however, this analysis has been designed to allow for a degree of independent replication. The results from the two studies have been analyzed separately and for the two dosing intervals (Weeks 1–12 and 13–24) with the goal of identifying factors observed in both studies versus those seen in only one study. This independent replication may allow for an opportunity to identify random results, which are expected to occur when many repeat comparisons are performed, versus real and repeatedly observed effects.

In evaluating the results presented in this manuscript, it is important to understand the statistical properties of the analyses performed. The goal of these analyses is not to posit that 100 mg and 300 mg are identical; there is no clinical or biologic reason to assume exact equivalence of these doses. The goal is instead to determine if meaningful differences might exist. The definition of meaningful is, by necessity, left to the reader. As a data reduction step, this manuscript focuses on cases when the CI of the odds ratio fails to cover 1. However, from the point of view of false-positive and false-negative findings, we know that situations where the CI does not cover 1 may be false positive and that cases where the CI does cover 1 do not indicate that the two treatments are identical. Given that 95% CIs are being used, we expect that 1 in 20 CIs will fail to cover 1 even if the "truth" was exact equivalence. We also know that the sample size used for the various CIs limits what size of effects might be called out using this 95% interval data reduction approach. To attempt to address these issues, results have been presented for both studies individually and for two separate time points to mimic the concept of experimental replication within the confines of the available data.

Results

Baseline demographics and characteristics from PROM-ISE-1 and PROMISE-2 have been previously reported [7, 8].

Odds ratios of \geq 50% migraine response over weeks 1–12

In PROMISE-1 (comprising patients with EM), the overall likelihood of achieving \geq 50% MRR over Weeks 1–12 was approximately equivalent for patients receiving either eptinezumab 100 mg or 300 mg, with a slight, but not statistically meaningful, numerical advantage for the 300-mg dose (Fig. 1). There was no statistically meaningful difference in eptinezumab 100-mg and 300-mg

efficacy across any of the subgroups, including those defined by BMI (\leq 24.9, 25–29.9, or \geq 30 kg/m²), age (>40 or \leq 40 years), history of migraine with aura (yes or no), or average length of headache (>12, 8–12, or <8 h), baseline MHD frequency (\geq 8 or <8 days), and baseline MMD frequency (\geq 8 or <8 days), with all 95% CIs of the estimated odds ratios crossing the 1 threshold. In subgroups defined by EQ-5D-5L and SF-36 scores at baseline, the 95% CIs crossed the 1 threshold, indicating no statistically meaningful distinction in efficacy based on health-related quality of life between the two eptinezumab dose levels. For the EQ-5D-5L subgroup reporting any problems in response to the questions covering self-care, the sample size was too small to generate an accurate odds ratio.

In PROMISE-2 (comprising patients with CM), the overall likelihood of achieving \geq 50% MRR over Weeks 1–12 was roughly equivalent for patients receiving either dose (eptinezumab 100 mg or 300 mg) (Fig. 2). Regardless of BMI, age, history of migraine with aura, MOH diagnosis (yes or no), PI-MBS category, average length of headache, and baseline MHD frequency (\geq 21 or <21 days), there did not appear to be a statistically meaningful difference in efficacy between the two eptinezumab doses according to the odds ratio and 95% CIs. For the subgroup with \geq 15 MMDs at baseline, there was no statistically meaningful difference in efficacy; however, in the subgroup with <15 MMDs at baseline, the odds ratio (1.97; 95% CI: 1.18, 3.30) indicated that eptinezumab 300 mg had slightly higher efficacy over 100 mg.

Most PROMISE-2 subgroups defined by EQ-5D-5L and SF-36 scores at baseline did not demonstrate a clear benefit of either dose. For patients with any mobility issues per the EQ-5D-5L and for patients with a score>45.0 for the SF-36 social functioning domain (more favorable health state), the odds ratio of response (EQ-5D-5L mobility, 2.48 [95% CI: 1.14, 5.41]; SF-36 social functioning, 1.74 [95% CI: 1.09, 2.78]) suggested that those receiving eptinezumab 300 mg were more likely to achieve≥50% MRR. For subgroups defined by HIT-6 responses, the results suggested no clear benefit of either dose of eptinezumab, as all 95% CIs of the estimated odds ratios crossed the 1 threshold.

Odds ratios of ≥ 50% migraine response over weeks 13-24

For eptinezumab-treated patients with EM in the PROMISE-1 study, the overall likelihood of achieving \geq 50% MRR over Weeks 13–24 (i.e., after a second infusion) was not meaningfully different for patients receiving either 100 mg or 300 mg (Fig. 3). Non-obese subgroups (BMI \leq 29.9 kg/m²) did not appear to have different responses to one dose over the other; however, patients who were obese (BMI \geq 30.0 kg/m²)

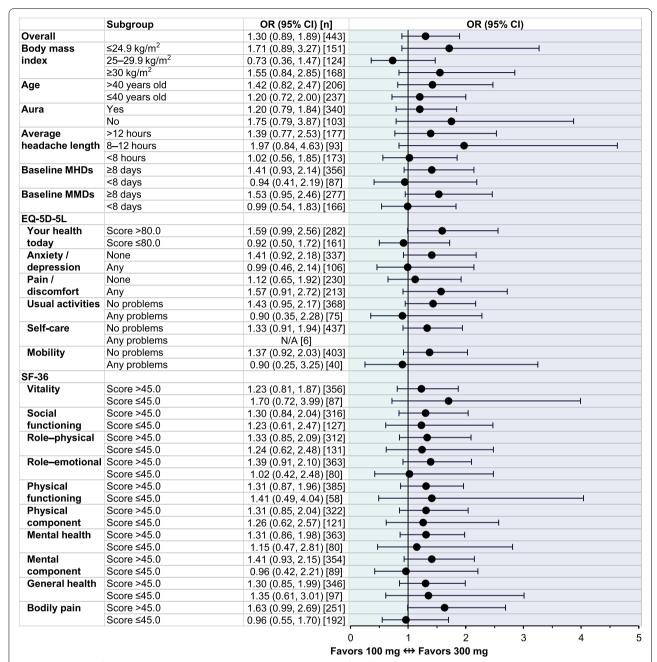
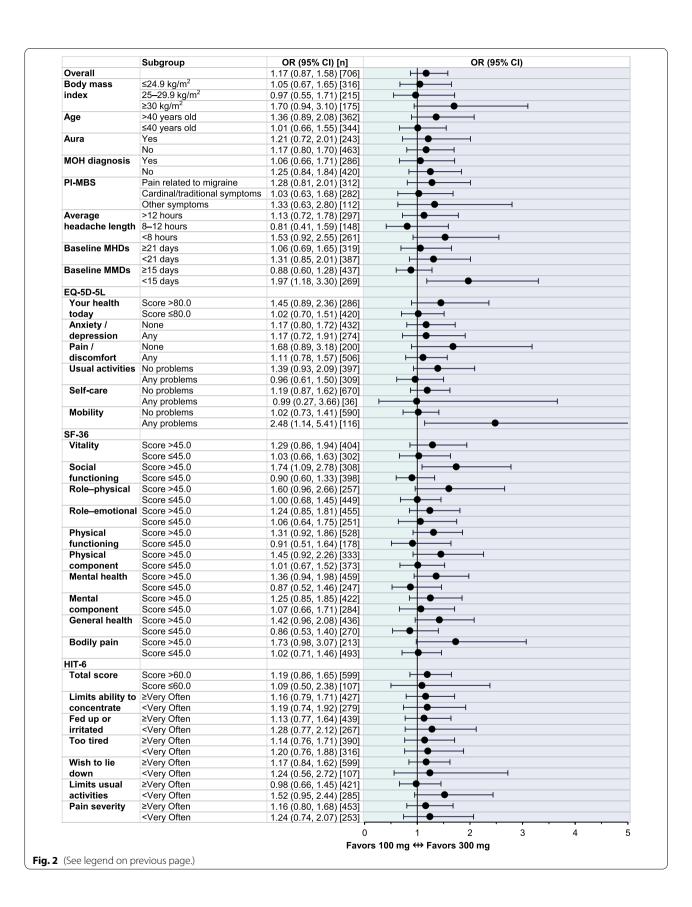


Fig. 1 Odds ratio of ≥ 50% MRR over Weeks 1–12 in PROMISE-1 subgroups defined by baseline demographics and patient-reported outcome measures. CI, confidence interval; EQ-5D-5L, EuroQol 5-dimension, 5-level scale; MHDs, monthly headache days; MMDs, monthly migraine days; MRR, migraine responder rate; N/A, not applicable (sample size too small); OR, odds ratio; SF-36, 36-item Short-Form Health Survey

(See figure on next page.)

Fig. 2 Odds ratio of ≥ 50% MRR over Weeks 1–12 in PROMISE-2 subgroups defined by baseline demographics and patient-reported outcome measures. Cl, confidence interval; EQ-5D-5L, EuroQol 5-dimension, 5-level scale; HIT-6, 6-item Headache Impact Test; MHDs, monthly headache days; MMDs, monthly migraine days; MRR, migraine responder rate; OR, odds ratio; PI-MBS, patient-identified most bothersome symptom; SF-36, 36-item Short-Form Health Survey



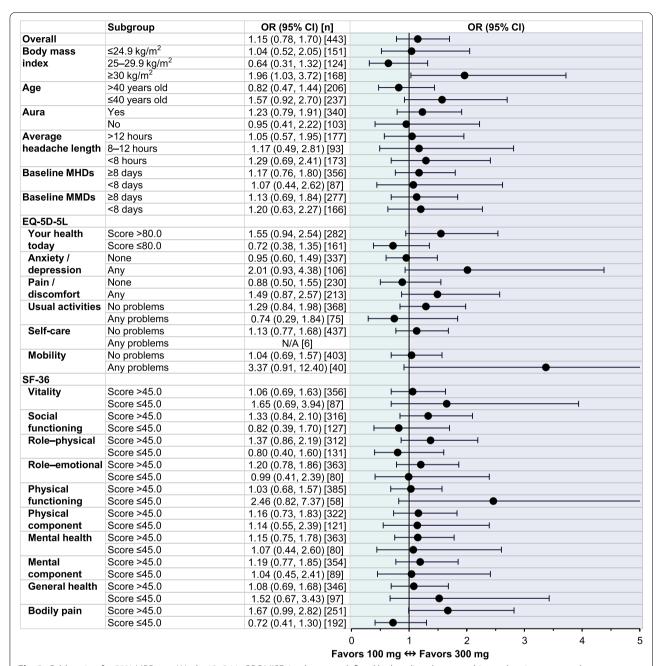


Fig. 3 Odds ratio of ≥ 50% MRR over Weeks 13–24 in PROMISE-1 subgroups defined by baseline demographics and patient-reported outcome measures. CI, confidence interval; EQ-5D-5L, EuroQol 5-dimension, 5-level scale; MHDs, monthly headache days; MMDs, monthly migraine days; MRR, migraine responder rate; N/A, not applicable (sample size too small); OR, odds ratio; SF-36, 36-item Short-Form Health Survey

were slightly more likely to achieve \geq 50% MRR with eptinezumab 300 mg (odds ratio, 1.96 [1.03, 3.72]). There did not appear to be meaningful differences with either dose across subgroups defined by age, history of migraine with aura, average length of headache, baseline MHD frequency, baseline MMD frequency, or EQ-5D-5L or SF-36 scores.

In PROMISE-2 (CM), the overall likelihood of achieving ≥ 50% MRR after receiving two doses of eptinezumab (administered on Day 0 and Week 12) was roughly equivalent for patients receiving either eptinezumab 100 mg or 300 mg (Fig. 4). Across patient subgroups defined by age, BMI, history of migraine with aura, MOH diagnosis, PI-MBS category, average length of headache, baseline

MHD frequency, and baseline MMD frequency, the 95% CIs for the estimated odds ratios crossed 1, suggesting no meaningful difference in efficacy between the two doses of eptinezumab in any subgroup. In most EQ-5D-5L and SF-36 subgroups, the 95% CIs crossed 1, indicating no statistically meaningful difference in efficacy between the two eptinezumab doses. For patients who responded as having any problems with mobility (EQ-5D-5L; OR: 2.73 [1.16, 6.41]) or with a score>45.0 for vitality (SF-36; OR: 1.53 [1.01, 2.31]), the odds ratio suggested those receiving eptinezumab 300 mg were more likely to have≥50% MRR than those receiving eptinezumab 100 mg. For subgroups defined by HIT-6 responses, the results suggested no meaningful difference between the doses of eptinezumab in all subgroups, except for those who reported very often or always feeling "fed up or irritated" (1.77 [1.05 - 2.98]), who were patients more likely to achieve≥50% MRR on 300 mg than 100 mg.

Discussion

In patients with EM and CM, eptinezumab 100 mg and 300 mg both separately demonstrated statistically greater percentages of patients achieving > 50% MRR compared with placebo [7, 8], as well as a favorable safety and tolerability profile across both doses [7, 8, 27, 28]. This post hoc analysis compared the odds ratios of achieving≥50% MRR with eptinezumab 100 mg compared with 300 mg in patients from the phase 3 clinical trials with EM and CM to determine if there is a meaningfully preferential response to a specific dose in any subset of patients. Results of this analysis suggested that across both PROMISE-1 and PROMISE-2, there was no meaningful difference in≥50% MRR between the doses across the majority of subgroups, including age, BMI, history of migraine with aura, average headache length, MOH diagnosis, baseline MMD and MHD frequencies, SF-36, EQ-5D-5L, and HIT-6 scores (PROMISE-2 only). Overall, the results across multiple patient demographics are likely to be correlated, but there is no clear indication of dosing preference given that these analyses did not explore whether patient characteristics were not seen consistently across studies or timepoints.

In the subgroups where the odds ratio was not considered statistically different (Table 1), the 300-mg dose had slightly higher efficacy; however, these results were not consistent between studies and time points. In patients with EM, the slightly higher differential response to 300 mg observed over Weeks 13-24 in the obese (BMI \geq 30 kg/

m²) subgroup was not observed during Weeks 1–12, nor was this observed for either dosing interval in PROM-ISE-2 (CM). Migraine patients are a heterogenous population [29], and this is supported by the demographics in our study population. Additionally, patients with migraine frequently transition between episodic and chronic status based on environmental exposures, exposure to triggers, response to preventive therapy, and response to abortive therapy [29]. While the data do not support that predefined characteristics can predict an early or late response to eptinezumab infusion at either the 100-mg or 300-mg dose, the data does demonstrate that the 300 mg dose across most demographic groups had numerically higher efficacy, though not statistically meaningful. Overall, these results highlight that individual patients' needs must be factored into the clinician's decision making and that each patient is unique.

In patients with CM, the higher likelihood of \geq 50% MRR with 300 mg than with 100 mg over Weeks 1–12 was noted for patients with <15 MMDs at baseline and the subgroup with an SF-36 social functioning score of >45.0 at baseline; however, these differences were not seen over Weeks 13–24. Due to the heterogeneity in the migraine population which may not be adequately addressed in pooled population studies, it is important that the prescribing clinician consider all potential triggers or modifiable risk factors in every patient when deciding on therapeutic options.

Patients with CM who reported a more favorable vitality score per the SF-36 (>45.0) or feeling fed up or irritated never, rarely, or sometimes per the HIT-6 showed a difference over Weeks 13-24 but not Weeks 1-12. Notably, the odds ratio of > 50% MRR favored eptinezumab 300 mg across both time points in patients with CM who reported any problems with EQ-5D-5L mobility at baseline; that this was not observed in patients with EM may potentially reflect the increased likelihood of experiencing a migraine on the day of assessment in patients with CM than with EM. Additionally, it is important to recognize that HIT-6 is a migraine-specific tool, while the SF-36 is a general health questionnaire used to determine the measure of disability regardless of disease state. The HIT-6 data serves as a potent measure of patient outcomes in the migraine space and should be factored into the clinical decision algorithm in patients with CM, regardless of their vitality level on the SF-36.

(See figure on next page.)

Fig. 4 Odds ratio of ≥ 50% MRR over Weeks 13–24 in PROMISE-2 subgroups defined by baseline demographics and patient-reported outcome measures. CI, confidence interval; EQ-5D-5L, EuroQol 5-dimension, 5-level scale; HIT-6, 6-item Headache Impact Test; MHDs, monthly headache days; MMDs, monthly migraine days; MRR, migraine responder rate; PI-MBS, patient-identified most bothersome symptom; OR, odds ratio; SF-36, 36-item Short-Form Health Survey

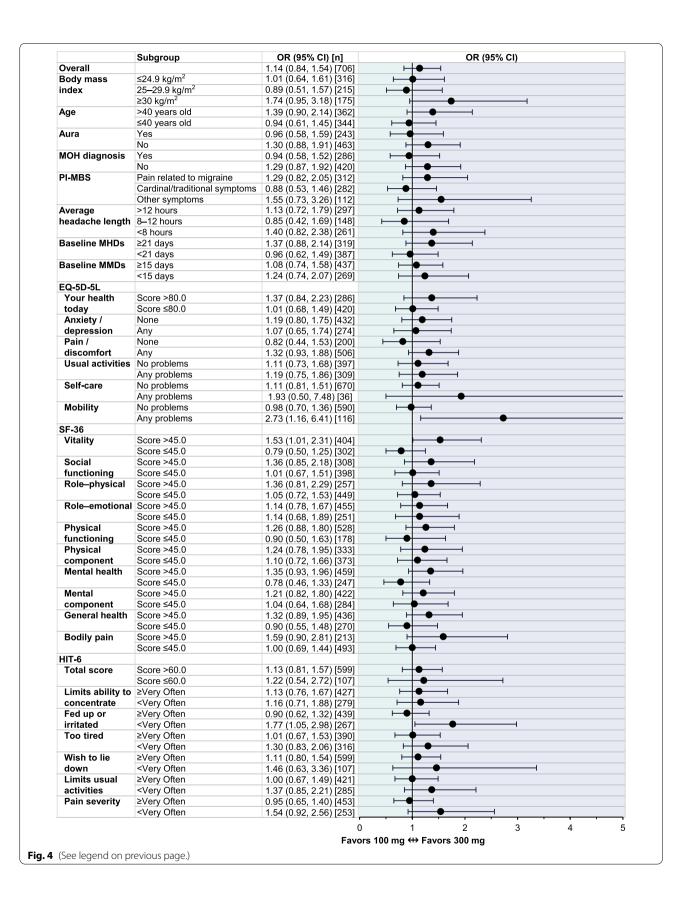


Table 1 List of parameters measured in PROMISE-1 and PROMISE-2 where 300-mg was favored over 100-mg dose in predicting \geq 50% migraine responder rate^a

Time Point (Study)	Subgroup (dose favored)
Weeks 13–24 (PROMISE-1)	Body mass index \geq 30.0 kg/m ² (300 mg)
Weeks 1–12 (PROMISE-2)	Baseline monthly migraine days < 15 (300 mg)
Weeks 1–12 (PROMISE-2)	EQ-5D-5L any problems with mobility (300 mg)
Weeks 1–12 (PROMISE-2)	SF-36 social functioning > 45.0 (300 mg)
Weeks 13–24 (PROMISE-2)	EQ-5D-5L any problems with mobility (300 mg)
Weeks 13–24 (PROMISE-2)	SF-36 vitality > 45.0 (300 mg)
Weeks 13-24 (PROMISE-2)	HIT-6 fed up or irritated < very often (300 mg)

 $^{^{\}rm a}$ Efficacy between 100-mg vs 300-mg doses was considered statistically different if the 95% confidence intervals for calculated odds ratio did not cross "1"

EQ-5D-5L EuroQol 5-dimension, 5-level scale, HIT-6 6-item Headache Impact Test, SF-36 36-item Short-Form Health Survey

Overall, the lack of clear differentiation between outcomes with eptinezumab 100 mg and 300 mg is in alignment with a recently published analysis that found the risk ratio of \geq 50% MRR over Weeks 1–12 was 0.93 (95% CI: 0.85, 1.02; P = 0.11) [27]. The analysis also found no significant difference between doses for change from baseline in MMDs, percent of patients with a migraine on the day after first infusion, and rate of treatmentemergent adverse events; however, it did find that 300 mg was associated with higher \geq 75% MRR over Weeks 1–12 (P=0.01). The current analysis focuses on the $\geq 50\%$ MRR as the outcome measure and evaluates the odds ratio of achieving that outcome over two separate dosing intervals and in multiple subgroups, finding no clear trend in whether a specific subgroup would benefit from a specific dose at either time point. Additionally, this analysis aimed to examine subgroups for potential differences rather than assessing how the doses affect patients across the migraine spectrum. Although the current analysis did not demonstrate any statistical outliers, individual patients may still require higher or lower doses based on efficacy and tolerability. The favorable side effect profile between the two doses allows the clinician flexibility in tailoring a treatment plan unique to each patient.

Limitations

Due to the post hoc nature of this analysis, additional experimental studies are needed to confirm these findings. In addition, PROMISE-1 and PROMISE-2 were not explicitly designed to rigorously differentiate between active doses of eptinezumab. Further, the small sample size of some of the subgroups limited the statistical power for detecting differences between eptinezumab

doses, and subgroups such as sex, race, and ethnicity were not fully representative of a real-world migraine population and thus were not included (i.e., study populations were 84-88% female, 84-91% white, and 82-92% non-Hispanic) [7, 8]. Additional subgroups defined by socioeconomic factors (e.g., education, employment, household income, and health coverage), migraine history (e.g., previous preventive medication, acute medication), and associated comorbidities (e.g., mood, and respiratory and cardiovascular disorders), were not consistently captured across PROMISE-1 and PROMISE-2 or were explicitly excluded from participation, thus preventing further analyses. Specifically, in PROMISE-1, patients had limited use of acute migraine medications (\leq 14 days per 28-day period) and of triptans (\leq 10 days per 28-day period) in the 3 months prior to screening and the 28-day period prior to randomization [8], and were required to use limited prophylactic headache medication or menstrual migraine prophylactics (<7 days per 28-day period) within the 2 months prior to screening and during the 28-day period before randomization. Further, patients with cardiovascular or neurological disease, diabetes, life-threatening allergies, or high blood pressure at treatment were excluded. In PROMISE-2, patients with a BMI \geq 39 kg/m², uncontrolled or newly diagnosed hypertension, or known history or evidence of cardiovascular, neurological, or autoimmune disorders were excluded, and patients were required to have limited use of barbiturates or prescription opiates (≤ 4 days per month) [7]. This study also only evaluated the \geq 50% MRR endpoint across Weeks 1-12; however, the percentage of $\geq 75\%$ migraine responders across Weeks 1–12 were also similar between doses (PROMISE-1: 22.2%, 100 mg (n = 221); 29.7%, 300 mg (n = 222); PROMISE-2: 26.7%, 100 mg (n = 356); 33.1%, 300 mg (n = 350)) [6]. Additionally, patients transitioning into and out of \geq 50% MRR between dosing intervals were not evaluated in this analysis, nor was the impact of Weeks 1-12 outcomes on Weeks 13–24 outcomes. While migraine response to eptinezumab is generally consistent across the course of treatment [30], some patients may change from being responders to non-responders and vice versa, as would be expected in real life; however, in this analysis, the conclusion is that the data do not support individual social or demographic characteristics influencing clinical decision making on dosing.

An additional limitation to this work was the lack of dose-crossover design; in these studies, patients were kept on the same treatment (eptinezumab 100 mg, 300 mg, or placebo) throughout the duration of the study. With the many subgroups included in this post hoc analysis, results between individual subgroups may be intercorrelated and therefore redundant, rather than additive,

with interpretation limited by the lack of multivariant analysis to better inform patient-centered preventive migraine treatment. Hence, individual items where the confidence interval does not cover 1 may represent different aspects of the same underlying clinical condition. In addition, the statistical approach used to assess dose differences (confidence intervals surrounding odds ratios) may result in false positive and false negative findings; i.e., we cannot posit that cases where confidence intervals cross 1 definitively indicate that the doses have identical effects or vice versa. Future analyses evaluating individual patient-level response factors over time are necessary to determine the clinical relevance of these findings for an individual patient.

Conclusions

Analyzing patient response to different eptinezumab doses across a multitude of patient subgroups demonstrated that for most patient subgroups there was no meaningful difference in efficacy across doses; however, a lack of meaningful difference between subgroups does not indicate there will be no difference between doses for any individual patient. In certain subgroups, eptinezumab 300 mg showed a slight numerical advantage compared with eptinezumab 100 mg in achieving ≥ 50 MRR over Weeks 1–12 or 13–24. Overall, these results support individualized preventive migraine treatment and should particularly inform patient discussions regarding appropriate eptinezumab doses.

Abbreviations

BMI: Body mass index; CGRP: Calcitonin gene-related peptide; CI: Confidence interval; CM: Chronic migraine; EM: Episodic migraine; EQ-5D-5L: EuroQol 5-Dimension, 5-Level scale; FDA: Food and Drug Administration; HIT-6: 6-Item Headache Impact Test; IV: Intravenous; MHDs: Monthly headache days; MMDs: Monthly migraine days; MOH: Medication-overuse headache; MRR: Migraine responder rate; PI-MBS: Patient-identified most bothersome symptom; SF-36: 36-Item Short-Form Health Survey.

Acknowledgements

The authors thank Beth Reichard, PhD, and Nicole Coolbaugh, CMPP, of The Medicine Group, LLC (New Hope, PA, USA) for providing medical writing support, which was funded by H. Lundbeck A/S (Copenhagen, Denmark) and in accordance with Good Publication Practice guidelines.

Authors' contributions

RA, LB, and DA contributed to the conception and design of the study or data acquisition. JH contributed to data visualization and statistical analysis. All authors reviewed and provided critical revision of all manuscript drafts for important intellectual content, as well as approved the final manuscript for submission.

Funding

The clinical trials were funded by Lundbeck Seattle BioPharmaceuticals, Inc., Bothell, WA, USA. The publication was supported by Lundbeck LLC, Deerfield, IL. USA.

Availability of data and materials

Data Sharing Statement: In accordance with EFPIA's and PhRMA's "Principles for Responsible Clinical Trial Data Sharing" guidelines, Lundbeck is committed

to responsible sharing of clinical trial data in a manner that is consistent with safeguarding the privacy of patients, respecting the integrity of national regulatory systems, and protecting the intellectual property of the sponsor. The protection of intellectual property ensures continued research and innovation in the pharmaceutical industry. Deidentified data are available to those whose request has been reviewed and approved through an application submitted to https://www.lundbeck.com/qlobal/our-science/clinical-data-sharing.

Declarations

Ethics approval and consent to participate

Approval for each study was provided by the independent ethics committee or institutional review board of the study sites. The studies were each conducted in accordance with Good Clinical Practice guidelines, the principles of the Declaration of Helsinki, and all applicable regulatory requirements. Patients provided written informed consent prior to initiation of any study procedures.

Consent for publication

Not applicable.

Competing interests

R. Apelian is a member of the speaker bureau for Lundbeck; advisor/consultant/speaker for Allergan/Abbvie, Biohaven, and Eli Lilly.

L. Boyle and D. Asher are full-time employees of Lundbeck.

J. Hirman is an employee of Pacific Northwest Statistical Consulting, Inc., a contracted service provider of biostatistical resources for Lundbeck.

Author details

¹Huntington Headache and Neurology, 289 W. Huntington Drive, Suite 301, Arcadia, CA 91007, USA. ²Lundbeck LLC, Deerfield, IL, USA. ³Pacific Northwest Statistical Consulting, Inc., Woodinville, WA, USA.

Received: 2 February 2022 Accepted: 24 March 2022 Published online: 18 April 2022

References

- Feigin VL, Nichols E, Alam T et al (2019) Global, regional, and national burden of neurological disorders, 1990–2016: a systematic analysis for the Global Burden of Disease Study 2016. Lancet Neurol 18:459–480. https:// doi.org/10.1016/S1474-4422(18)30499-X
- Feigin VL, Vos T, Alahdab F et al (2021) Burden of Neurological Disorders Across the US From 1990–2017. JAMA Neurol 78:165. https://doi.org/10. 1001/jamaneurol.2020.4152
- Raffaelli B, Reuter U (2018) The Biology of Monoclonal Antibodies: Focus on Calcitonin Gene-Related Peptide for Prophylactic Migraine Therapy. NeuroRx 15:324–335. https://doi.org/10.1007/S13311-018-0622-7
- Garcia-Martinez LF, Raport CJ, Ojala EW et al (2020) Pharmacologic characterization of ALD403, a potent neutralizing humanized monoclonal antibody against the calcitonin gene-related peptide. J Pharmacol Exp Ther 374:93–103. https://doi.org/10.1124/JPET.119.264671/-/DC1
- Baker B, Schaeffler B, Beliveau M, et al (2020) Population pharmacokinetic and exposure-response analysis of eptinezumab in the treatment of episodic and chronic migraine. Pharmacol Res Persp. 8:e00567. https:// doi.org/10.1002/prp2.567
- 6. (2021) VYEPTI [package insert]. Bothell, WA
- Lipton RB, Goadsby PJ, Smith J et al (2020) Efficacy and safety of eptinezumab in patients with chronic migraine. Neurology 94:e1365–e1377. https://doi.org/10.1212/WNL.000000000009169
- Ashina M, Saper J, Cady R et al (2020) Eptinezumab in episodic migraine: A randomized, double-blind, placebo-controlled study (PROMISE-1). Cephalalgia 40:241–254. https://doi.org/10.1177/0333102420905132
- Ailani J, Burch RC, Robbins MS (2021) The American Headache Society Consensus Statement: Update on integrating new migraine treatments into clinical practice. Headache. 61:1021–1039. https://doi.org/10.1111/ head 14153
- 10. Tassorelli C, Diener HC, Dodick DW et al (2018) Guidelines of the International Headache Society for controlled trials of preventive treatment of

- chronic migraine in adults. Cephalalgia 38:815–832. https://doi.org/10. 1177/0333102418758283
- About Adult BMI | Healthy Weight, Nutrition, and Physical Activity | CDC. Accessed 9 Mar 2022. https://www.cdc.gov/healthyweight/assessing/bmi/adult_bmi/index.html.
- Age and Sex Composition in the United States: 2019. Accessed 9 Mar 2022. https://www.census.gov/data/tables/2019/demo/age-and-sex/ 2019-age-sex-composition.html.
- Jedynak J, Eross E, Gendolla A et al (2021) Shift from high-frequency to low-frequency episodic migraine in patients treated with galcanezumab: results from two global randomized clinical trials. J Headache Pain 22:48. https://doi.org/10.1186/S10194-021-01222-W
- Mulleners WM, Kim BK, Láinez MJA, et al (2020) Safety and efficacy of galcanezumab in patients for whom previous migraine preventive medication from two to four categories had failed (CONQUER): a multicentre, randomised, double-blind, placebo-controlled, phase 3b trial. Lancet Neurol 19:814–825. https://doi.org/10.1016/S1474-4422(20)30279-9
- Silberstein SD, Stauffer VL, Day KA et al (2019) Galcanezumab in episodic migraine: Subgroup analyses of efficacy by high versus low frequency of migraine headaches in phase 3 studies (EVOLVE-1 & EVOLVE-2). J Headache Pain 20:1–11. https://doi.org/10.1186/S10194-019-1024-X
- Simone M, Giulia DA, Claudia A et al (2022) Task-switching abilities in episodic and chronic migraine. Neurol Sci 2021:1–8. https://doi.org/10. 1007/S10072-021-05837-4
- 17. Amoozegar F, Khan Z, Oviedo-Ovando M et al (2021) The Burden of Illness of Migraine in Canada: New Insights on Humanistic and Economic Cost. Can J Neurol Sci 00:1–14. https://doi.org/10.1017/CJN.2021.75
- Doane MJ, Gupta S, Fang J et al (2020) The Humanistic and Economic Burden of Migraine in Europe: a Cross-Sectional Survey in Five Countries. Neurol Ther 9:535–549. https://doi.org/10.1007/S40120-020-00196-2/ TABLES/3
- Lipton RB, Nicholson RA, Reed ML, et al (2022) Diagnosis, consultation, treatment, and impact of migraine in the US: Results of the OVERCOME (US) study. Headache: J Head Face Pain 62:122–140. https://doi.org/10. 1111/head.14259
- Buse DC, Reed ML, Fanning KM, et al (2020) Demographics, Headache Features, and Comorbidity Profiles in Relation to Headache Frequency in People With Migraine: Results of the American Migraine Prevalence and Prevention (AMPP) Study. Headache: J Head Face Pain 60:2340–2356. https://doi.org/10.1111/HEAD.13966
- Lipton RB, Dodick DW, Ailani J et al (2021) Patient-identified most bothersome symptom in preventive migraine treatment with eptinezumab: A novel patient-centered outcome. Headache 61:766–776. https://doi.org/ 10.1111/head.14120
- Lipton RB, Goadsby PJ, Dodick DW, et al Evaluating the Clinical Utility of the Patient-Identified Most Bothersome Symptom Measure from PROM-ISE-2 for Research in Migraine Prevention. Headache. In Press. https://doi. org/10.1111/head.14295
- Herdman M, Gudex C, Lloyd A et al (2011) Development and preliminary testing of the new five-level version of EQ-5D (EQ-5D-5L). Qual Life Res 20:1727–1736. https://doi.org/10.1007/S11136-011-9903-X
- Jiang R, Janssen MFB, Pickard AS (2021) US population norms for the EQ-5D-5L and comparison of norms from face-to-face and online samples. Qual Life Res 30:803–816. https://doi.org/10.1007/S11136-020-02650-Y/ FIGURES/1
- 25. Ware J Jr (2000) SF-36 health survey update. Spine 25:3130–3139. https://doi.org/10.1097/00007632-200012150-00008
- Kosinski M, Bayliss MS, Bjorner JB et al (2003) A six-item short-form survey for measuring headache impact: The HIT-6. Qual Life Res 12:963–974. https://doi.org/10.1023/A:1026119331193
- Yan Z, Xue T, Chen S et al (2021) Different dosage regimens of Eptinezumab for the treatment of migraine: a meta-analysis from randomized controlled trials. J Headache Pain 22:10. https://doi.org/10.1186/ s10194-021-01220-y
- TR Smith, ELH Spierings, R Cady, et al (2021) Safety and tolerability of eptinezumab in patients with migraine: a pooled analysis of 5 clinical trials. J Headache Pain 22. https://doi.org/10.1186/S10194-021-01227-5

- Serrano D, Lipton RB, Scher AI et al (2017) Fluctuations in episodic and chronic migraine status over the course of 1 year: implications for diagnosis, treatment and clinical trial design. J Headache Pain 18:101. https:// doi.org/10.1186/s10194-017-0787-1
- Buse DC, Winner PK, Charleston L, et al (2022) Early response to eptinezumab indicates high likelihood of continued response in patients with chronic migraine. J Headache Pain 23:1–12. https://doi.org/10.1186/ S10194-022-01387-Y

Publisher's Note

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Ready to submit your research? Choose BMC and benefit from:

- fast, convenient online submission
- $\bullet\,$ thorough peer review by experienced researchers in your field
- rapid publication on acceptance
- support for research data, including large and complex data types
- gold Open Access which fosters wider collaboration and increased citations
- maximum visibility for your research: over 100M website views per year

At BMC, research is always in progress.

Learn more biomedcentral.com/submissions

